

Welcome to Issue 8



Your friendly radio club produces this gazette to provide our members with news and information about your club and the hobby

About Your Friendly Club Venue

St Mary's Church Hall, St Mary's Drive, Reddish , Stockport SK5 7AX

1st Thursday of every month - meeting Time 7.30pm

Your Gilmore Gazette Team

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Gilmore Radio Club (GRC)



@Gilmoreradio



Gilmoreradioclub



Gilmoreradioclub

Issue 9 - Final date for articles 28 November 2023 Publication Date - 12 December 2023

If you have an article you would like to send for the next issue, please let me have it no later than 28 November 2023. If you have any information that you would like to share with your fellow members please email me. Without your input we would not have a gazette to send out - info@m0juw.co.uk

Gilmore and North West Morse Radio Club - a new era

There has been lots happening behind the scenes at GRC since the last gazette, and now everything has been finalised we wanted to update you, our loyal members.

In May this year Keith MOJYP decided to resign from the team at GRC and the from the club as a whole in August 2023. We were very sad to hear that Alan G0ROW has decided to resign aswell. Alan said 'I have enjoyed setting up Gilmore it was great fun, but now its time to make way for the younger people. I have run nets and committees for over 15 years, and now I just want to enjoy amateur radio as long as I can'

Gilmore Radio Club and North West Morse have recently had a meeting, again on board NB Royal Oscar, this time at North Cheshire Cruising Club, to discuss the future of both groups. It was agreed that GRC would reform and become 'Gilmore and North West Morse Radio Club.

From 12th August this year, GRC will not have a 'team' looking after you, but to make it more formal, but still a friendly club, will form a G&NWMRC Committee.

This will be : Nigel 2E0CKA – Chairman / Heth M6HNS – Secretary / Chris M0KCJ - CW Manager

Chris will now assist GRC will the basic running of the club, but has asked not to be involved in the financial side.

Chris decided to set up a CW group when GRC was being set up, and this was started In the early part of 2022. Assisted by David M0WDD, who will now be CW Training Co-ordinator and Jamie M1JSC who will be the QRP specialist. Both David and Jamie have been with Chris since the inauguration of NWM, and we welcome them all to the newly reformed club..

We have also asked Robert M0NVQ to join our team of Net Controllers and assist in the running of the 2m nets. So your controllers on voice are Nigel 2E0CKA, Chris M0KCJ, Adrian G0EHG and Robert M0NVQ, and when none of the above can do a net, I will have a go. On the CW side is Chris M0KCJ and David M0WDD.

For you, our members, nothing will really change. We hope you will enjoy the reformed club as much as you have enjoyed GRC and NWM as two separate groups.



September 2023

Every Tuesday 2m Net 145.375+/- 7.30pm

Every Sunday 2m CW Activity Net 144.064 +/- 4.00pm

Sunday 3 CW 10m Net 28.080Mhz 7.30pm

Thursday 7 Social Night at St Marys Church Hall
Sunday 10 CW Training Net 50.080Mhz 6m 7.30pm

Sunday 17 80m CW Net 3.510Mhz 7.30pm Thursday 28 C4FM Net 144.925Mhz 7.30pm

October 2023

Every Tuesday 2m Net 145.375+/- 7.30pm

Every Sunday 2m CW Activity Net 144.064 +/- 4.00pm

Sunday 1 CW 10m Net 28.080Mhz 7.30pm

Thursday 5 Radio Night at St Marys Church Hall 7.30pm

Sunday 8 CW Training Net 50.080Mhz 6m 7.30pm

Sunday 15 80m CW Net 3.510Mhz 7.30pm

Sunday 22 CW Training Net 50.080Mhz 6m 7.30pm

Thursday 26 C4FM Net 144.925Mhz 7.30pm

Sunday 27 CW Training Net 50.080Mhz 6m 7.30pm

Sunday 29 CW 10m Net 28.080Mhz 7.30pm

November 2023

Every Tuesday 2m Net 145.375+/- 7.30pm

Every Sunday 2m CW Activity Net 144.064 +/- 4.00pm

Thursday 2 Talk on Great Blasket Island Adventure with Pete

M1PTR, Kieron M5KJM and Tom M0DCG

Sunday 5 CW Training Net 50.080Mhz 6m 7.30pm

Sunday 12 CW 80m net 3.510 Mhz 7.30pm

Sunday 19 CW Training Net 50.080Mhz 6m 7.30pm

Thursday 23 C4FM Net 144.925Mhz 7.30pm

Sunday 26 10m CW Net 28.0800Mhz 7.30pm



Would you be interested in giving members a presentation, demonstration or talk on one our nights at St Mary's Hall. It would be for about 30-45 minutes.

If you are interested, please contact one of the team:

info@m0juw.co.uk

My 2M CW Sessions Adrian G0EHG



When I was first asked to write an article about my 2M CW sessions for the Gilmore Gazette, I thought it would also be a good opportunity to talk about my own experience with CW and how it helped contribute to the current procedures used by our group.

I sat my CW test back in 1986 and was competent at 14 words per minute. I did enjoy learning morse, but to be honest, only did it to pass the test. Furthermore, I never really had any plan to actually use CW as a mode for communication. So once the test was out of the way, the CW key started to gather dust.

Over the years that followed, I came in and out of the hobby, like many of us. But morse code was still sat in my head. I would be delayed in a queue on the M25 transmitting registration plates in my head, or stood in a queue at the airport doing the same with the signposts and adverts.

I re-engaged with the hobby in 2016, initially focusing on digital modes. The advent of FT8 led me to explore weak signal propagation and the advantages of digital modes over SSB. This, in turn, rekindled my interest in CW. Then, one day on the way to work, I just thought, "I want to do morse code again."

I jumped in the deep end on HF and found I wasn't too rusty, probably operating around 12 wpm. However, I struggled with call signs, as the morse test hadn't prepared me for hearing a mixture of numbers and letters. If anything, my brain had been trained to keep them separate. This was a stumbling block, which I believe was a flaw in the old approach to testing CW.

The 2M band provided a safe space to rebuild my confidence. It's a quiet band with plenty of space, and familiar call signs are often heard. I began having regular CW contacts with another station in North Manchester. Trystan (GOKAY) was in a similar position to me, dealing with the challenge of combining numbers and letters while getting back into CW.

For practice, we started sending each other road names and towns, then moved on to American states and English counties. However, we soon realised that we needed an endlessly renewable pot. As a result, we started sending famous names, years of birth and quotes.

Over time, we were joined by other stations and settled on the following format.

On Monday to Thursday at 7pm local time, stations meet on 144.065. If the frequency is clear, I then put out a CQ call to see who is in attendance. A short introduction then follows for those taking part. To give you an idea of how things get going, you can view a short YouTube video here:

https://youtu.be/BM25frFaVCk

After the introduction, I send the names of three famous people and their years of birth. To encourage head copying, I send them twice. This is followed by my chosen quote for the evening.

At that point, I've completed my part and pass it on to the next station. Once everyone has had their turn sending, we conclude with the obligatory "dit dit".

A template for our net is as follows:

CQ CQ de G0EHG K

(Stations call in)

R R de G0EHG = Now sending three famous names, years of birth and a quote for CW practice.

My first is(Send twice)
My second is (Send twice)
My third is (Send twice)
My quote is "" By
Now handing over to ES 73 73 AR
de G0EHG VA



The practice sessions usually last for 15 to 20 minutes. There is no fixed order, but we typically move from station to station based on individual signal strengths and locations.

An important aspect to cover in this article is speed. As time has gone on, our regular group has gradually increased our words per minute (WPM). While we started at 12-14 WPM in 2019, we now operate at

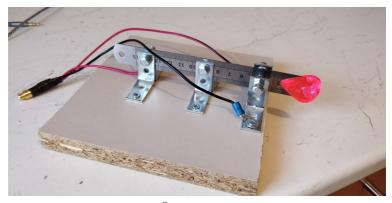
about 25 WPM. However, I'm aware that some who want to join our net may be more comfortable at slower speeds. We can always reduce our speed or schedule additional slow practice sessions to help. If this would be beneficial, please let me know via GRC or QRZ.

Trystan and I also both agree that having a fixed routine encourages us to get on air regularly. Whilst there is no expectation to be on each night, you do get to a point where you don't want to miss out.

While these practice sessions are very informal and not officially part of the Gilmore Radio Club, most of our group also participate in the North West Morse practice sessions on weekends. The two approaches to learning CW and building confidence have similarities, but also their differences. I believe that they complement each other well, providing stations with options to practice on most days of the week.

Please feel free to join in at any time. We'd love to have more stations participating and enjoying the wonderful mode of CW.

73 Adrian G0EHG





Membership of Gilmore and North West Morse Radio Club is easy. If you know someone who maybe interested in joining us, please ask them to complete the application form on our website, which will come directly to us. Subs are payable annually on 1st December each year.

Adults	£20.00	Joint (2 Adults)	£30.00
Junior (upto 16)	£ 5.00	Overseas	£20.00

Payment can be made by bank transfer, details on the membership form, our sumup payment machine or cash at a club meeting. GDPR information available on request



Adrian G0EHG	Lee G2LK	Jim G4HPH
Bob GM4UYZ	Jim G6URD	Ray G7TQT
Brian G8NHN	Steve G8YTP	Graham M0IYP
Chris M0KCJ	Robert M0NVQ	Chris M0OGG
Rob M0ORA	Jon M0RFU	David M0WDD
Lee M0ZPZ	John M1EAS	Jamie M1JSC
Ed 2E0CFM	Nigel 2E0CKA	John 2E0CGX
Jack 2E0JEH	Andy 2E0KKF	Robert 2E00FF
Paddy 2E0TWD	Steve 2E0WIT	Ken M3UQP
Heth M6HNS	Alan M6KOY	Ian M6LBI
Bob M6TMA	Simon M7AUC	Ron M7RJL
SWL - Kieron R	SWL - Tracy L	

Meet your RSGB Region 3 Team

Your Regional Rep is Martyn Bell M0TEB: rr3@rsgb.org.uk

The District Reps are below - if you are interested in one of vacant district reps positions, please email Martyn.

District 31 Cumbria: Martyn Bell MOTEB email dr31@rsgb.org.uk

District 32 Lancashire: Vacant

District 33 Greater Manchester: Vacant

District 34 Cheshire: Mike Isherwood G4VSS email: dr34@rsgb.

District 35 Isle of Man: Pending

District 36 Merseyside: Vacant



Martyn M0TEB (District Rep and Cumbria Rep) with Mike Isherwood G4VSS (Cheshire Rep)

Would you be interested in being one of our operators for '145 Alive' on 30th September, operating from North Cheshire Cruising Club on the Yaesu FT7900. Heth n Nige will supply plenty of refreshments and biscuits. It only runs for two hours, so along with Nigel 2E0CKA, we are looking for another couple of members to do a 30 minute stint. Message Heth on m6hns@btinternet.com



Up Ben Nevis for DXexpedition - G4HPH - late 1970's

I saw an article about Summits so I thought I would send you these photos of when I and some friends went up Ben Nevis in the late 1970's. The barrel of beer was left by someone else, and we drank from it!!!











73's Jim L G4HPH

British Inland Waterways on the Air (BIWOTA) August 26 and 27 from North Cheshire Cruising Club

Thank you to those members that came to the boat, or called in on one of the frequencies. The weather was against us over the weekend with heavy rain fall, and also two hours of thunder and lightning on the Saturday evening, and more rain on the Sunday. We had a good take off from the North Cheshire Crusing club, being 525ft above sea level. We will be back next year, with hopefully better weather, again from the Cruising Club.

Below are some pics that we took on over the weekend.





Chris MOKCJ on the front of the boat, and Chris MOKCJ with his lovely XYL Christine



Left - John 2E0CGL with Nige 2E0CKA (the regular selfie pic!!!)

Right - NB Royal Oscar and the view down the arm at North Cheshire Cruising Club





Right - Our home base station - Yaesu FTDX10



NB Royal Oscar with a 2m whip on the roof, a magnetic 3 disc trip mount with our 20m whip



Left - Nigel 2E0CKA on the Yaesu FT7900 after calling out on 145.375. Contact he was chatting with, Adrian G0EHG



Using AA cells as a battery pack Robert M0NVQ



I have been experimenting with AA cells in a battery holder to give 12 volts for QRP. This became necessary after my 7Ah sealed lead acid batteries gave up. This didn't particularly surprise me as batteries consist of a series of cells, and some cells can be slow to charge and never get fully charged whilst other cells charge quickly and can be damaged through overcharging.

And so my thoughts turned to using individual cells after I saw a Youtube video by Hans GOUPL demonstrating a Summits On The Air SOTA activation: https://www.youtube.com/watch?v=mwslo4P6IBs&t=191s

He used AA alkaline cells in a battery holder. Looking on Ebay I found a wide variety of AA battery holder types. A holder for eight cells will give about 9.6 volts and a ten-cell holder will give about 12 volts.

Continued on next page

Alkaline cells, like those used in the YouTube video, typically demonstrate a capacity of about 2200mAh at a 100mA discharge rate and a capacity of about 830mAh at a 1 Amp discharge rate. There are a number of technical pages comparing cells: for example

https://www.powerstream.com/AA-tests.htm

Alternately, AA Ni-MH can be used and they can be charged individually. I think technically, most Ni-NH chargers actually charge the AA cells in pairs in series. However, you can shuffle the cells for a final trickle charge from time to time.

Fortuitously, amongst my stocks, I have a number of 2500mAh Ni-MH rechargeable cells that I bought at a rally. These cells are rated at 2500mAh at a 500mA discharge rate. I also have some Varta 2100mAh Ni-MH rechargeable cells which are available from Screwfix and B&Q. Similarly, Energizer 2300mAh cells are available from Toolstation.

To ensure correct polarization, I use PowerPole connectors on the battery holder leads and a Sotabeams PowerPole Fused Connector Box, which features green/red polarisation indicator LEDs:

https://www.sotabeams.co.uk/powerpole-fused-dc-connector-box-1/

The pictures of AA cells in use.





Gilmore NWM Radio Club CW Corner News No 8 By David M0WDD

Welcome to CW Corner News No 8 from the friendly Gilmore NWM Radio Club. In this issue – GRC and NWM merge – latest on NWM CW nets and 2M Activity Hour – a CW POTA experience – Suggestion to combine future club nets – read on to find out more.

So in this CW Corner News No 8:

- GRC and NWM merged, by Chris M0KCJ
- Latest on NWM CW nets
- Expanding the WAKE UP CW Activity Hour
- A CW POTA experience by David M0WDD
- Inter club co-operations for future nets?



1. GRC and NWM combined, by Chris M0KCJ

CW (Morse) A way of life? Not really, but a great extension of the Ham Radio Hobby, that needs constant practise to keep all the cogs in mesh. This is not easy these days with the busy lives we all lead, but can be extremely rewarding when you start making CW contacts in far away places.

North West Morse has now joined forces with Gilmore Radio Club On a more permanent basis. It made sense to unite properly, as both clubs are strong and friendly, and to merge factions was the obvious thing to do.

Continued on next page

David's (MOWDD) role will be to strengthen the already busy CW training nets as Training Coordinator, whilst Jamie (M1JSC) will continue his pursuit of QRP, as the specialist in this area.

Both David and Jamie, remain vital to the continuing success of Gilmore and North West Morse Radio Club.

Anyone wishing to pursue Morse can approach any one of us for help in getting started, or revitalising an old skill. Morse, a way of life? You bet it is.

Chris CW Manager M0KCJ



2. Latest on NWM CW nets



NWM CW nets have evolved into two types – formal nets and informal QSOs. Here is more on each.

The regular formal nets. These currently run every Sunday evening on a different band each week, chaired by Chris MOKCJ. Callers can enjoy a regular net format and experience differing challenging conditions. Bands used follow the weekly pattern 10m, 6m, 80m and 6m, repeating every four weeks. The net format is - check-ins, news and comments, then finals, so every caller can contribute.

Continued on next page

The "Wake Up CW" Activity Hours. These currently run every Sunday afternoon on 2M chaired by David MOWDD. Callers can enjoy short or longer QSOs without the need for a traditional net format. Watch out for more "Wake Up CW" Activities soon.

Both types, these nets attract regular local club callers from GRC, from SRS, and from non-club guests. Out of area ops occasionally call in too, depending on conditions.

How do we keep in touch with our net callers?

We keep in touch through email alerts, Facebook posts, and more recently a WhatsApp group.

Email alerts: With callers' and potential callers' permissions, we have built up a confidential email list. Participants then receive a weekly email alert in advance of our Sunday nets.

Facebook alerts: weekly FB posts go to various CW groups and to the GRC group, again in advance of our Sunday nets.

WhatsApp group: GRC/NWM CW regulars recently started a WhatsApp group for 70cm, 2m and HF CW interests – this is very effective for "real time" alerts, calls for CW tests and general CW chats. Members currently include ops from GRC/NWM, SRS and a guest.



3. Expanding the WAKE UP CW Activity Hour



Interest in this activity, like the regular NWM nets, has been excellent with regular callers from members of GRC, members of SRS, non-club members, and occasional out of area callers.

In particular, interest from Facebook users has been exceptional, with 20–25 likes and positive comments every week - many from out of area, and some from overseas.

With this in mind, David MOWDD is consulting with our regular net callers about launching a trial "Wake UP to CW on 40M" Activity. This is not instead of, but as well as, regular club nets, with the format of QSOs rather than formal nets.



4. My three CW POTA activation so far, by David MOWDD



My very first CW POTA (Parks on The Air) activation from Heaton Park in early July was successful but a gusty wind and lack of a good working surface taught me the importance of using an outdoor chair and table in future. I got my activation with 12 contacts, eventually. (10 needed for successful activation).

My second POTA activation attempt from St Mary's Park, Prestwich, in late July was unsuccessful due to heavy rain – I certainly learned to pay more attention to the weather forecast.

Back on 10th August, I made my third POTA activation attempt, again from St Mary's park in Prestwich. This time things were better.

The weather was glorious, and the park, unlike last time, was very busy. I setup in a quiet part in a far corner (or so I thought), with my portable chair and small picnic table in place on the grass, and setup the un-extended 7m fibreglass pole about 20m away with a guyed base.



My minimal POTA station on the table was FT818 and battery in a small laptop case (in case of rain), and Kent paddle and 49:1 unun alongside, and some paper jammed under the case for logging. I connected the unun to 20m of long thin wire over to the pole. So this EFHW would be resonant on 40m and 20m. Got the pole to full height and I was good to go. What could possible go wrong?

Just then two older ladies out for a walk came over and asked me what I was doing "with the fishing line" - so I explained, much to their delight. Maybe they're interested in CW I thought. Shortly after this, another lady walked over and asked

me to keep a look out for her lost dog - of course I would. Maybe I look like a park official I wondered.

Then just as I started calling CQ POTA, a silly kid on a small motorbike appeared on a path near me and suddenly veered off and made to whizz by between the antenna pole and me, before I could shout anything. "Well I hope he can see the antenna wire," I thought. He did he ducked just in time and was gone. Catastrophe avoided.

So settled down to POTA contacts. I only managed two (local UK) on 40m as band was noisy and my antenna slope had a large dip, but never mind. So moved to 20m where conditions were much better and the contacts started to arrive. Some ops were working over my humble 5w at times, but I did seek the frequency gaps and kept calling CQ POTA. Eventually I built up to nine contacts after a good hour and a half calling. The best contact was with an Italian op north of Milan who was also /P.

The tenth contact just would not come for ages. But eventually got one - from Eastern Europe – but never mind, in the log. Then just before I packed up, two more contacts came in, so that was great - now 12. Back home I discovered I had one wrong callsign, so down to 11, but activation was successful.

Overall, it was a great fun afternoon and I also got an August suntan. I look forward to my next POTA activation attempt. That dog never did appear.



5. Inter club co-operations for future nets?



We have welcomed GRC/NWM members, SRS members, and some guests to our nets, particularly on the "Wake Up 2M" Activity Hour, as GRC/NWM specifically aims to be an open friendly club where all are welcome.

Might it now be time to consider working more closely with SRS to ensure members from both clubs can enjoy participation in both sets of club nets, whilst each club retain their individual club identity? And may I respectfully suggest that it be good to see each club's nets running at different days/times rather than some at the same day and time? This is just a suggestion – we could then all benefit from an even wider range of net participation possibilities.

Until next time, best wishes from David M0WDD, GRC/NWM, September 2023

Thank you to Dave MOWDD for another informative CW Corner

Thank you to both Chris MOKCJ and David MOWDD for running all your various CW Nets every Sunday

Heth M6HNS

Save the Date for the biggest single day rally

Come and join us for the largest single day radio rally in the UK



NARSA RALLY

at the NORBRECK CASTLE HOTEL, BLACKPOOL, FY2 9AA on Sunday 21st April 2024 - Doors open at 10:30

The largest single day rally in the UK is organised by NARSA which is an association of over forty clubs aiming to keep our hobby in good health

Please come to the 60th NARSA radio rally

- Over 80 trade and club stands
- Radios, aerials, computers and more
- Meet other amateurs at the rally
- Free parking (guaranteed!)
- RSGB book and membership stand
- Food and drink at multiple outlets
- Special hotel room rates available
- Bring and Buy
- Demonstrations
- Find your nearest club
- Scan the QR code to visit our website
- Construction Competitions
- Facilities for the disabled
- Admission £5 (under 14s free)

For the latest information on the rally visit the NARSA website – www.narsa.org.uk Exhibition Manager: Dave Wilson, MOOBW T: 01270 761608 / 07720 656542 E: dwilson@btinternet.com

Follow NARSA on one of our social media platforms or have a look at our website

@NARSA_NORBECK

@NARSA.NORBRECK

WWW.narsa.org.uk

Come and visit our stand at the NARSA rally
NORTHERN AMATEUR RADIO
SOCIETIES
ASSOCIATION

NORTHERN OR BRECK
ON SUNDAY, April 21st, 2024

Club Nets

All our nets are run on the following frequencies

GRC Nets	Frequency	NWM Nets	Frequency
70cm	433.575Mhz	2m CW	144.064Mhz
2m	145.375Mhz	6m CW	50.080Mhz
C4FM	144.950Mhz	10m CW	28.080 Mhz
		80m CW	3.510Mhz

Details of all the nets are posted on our website, email and social media platforms

Net Controllers

GRC Net Controllers	NWM Net Controllers
Nigel 2E0CKA	Chris M0KCJ
Chris M0KCJ	David M0WDD
Robert M0NVQ	
Adrian G0EHG	

If you wish to use the club callsign please contact Heather M6HNS in the first instance. David M0WDD, Robert M0NVQ and Chris M0KCJ are currently approved to use the club ccallsign

All records of when the callsign has been in use is on our website

Useful Information

The pages that follow are just general information that we all know, but is handy to have to hand. If there is anything else you would like to see on these pages, please let me know.

- ♦ Club Log: How to Join
- ♦ Links
- ♦ Phonetic Alphabet
- ♦ International Morse Code
- ♦ The RST Code
- **♦** Frequencies
- **♦** Repeaters
- Popular Bands



Your Ofcom Licence - Revalidate

All radio amateurs are required to 'revalidate' their licence at least every five years. In

practice, confirming annually is recommended. The process requires every licence holder to confirm or update the details on the Ofcom licence database. It is important to be registered with Ofcom as This enables revalidation, amendments and other functions including Exam-pass and Special Event callsign applications.

If you are not registered, your call sign becomes potentially available for reassignment to others. Don't let that happen! Keep your details up-to-date and make a diary reminder to renew each year.

Full Licence note: Any 5MHz/60m usage has an explicit licence requirement for a current (preferably mobile) phone number to be stored on the database as well.

If you need further assistance in the process, Ofcom staff are available to help, but please be patient during times of heavy workload.

Your Views

Let us have your views on what you would like from Gilmore and North West Morse Radio Club.

- ♦ Are you happy with the nets?
- ♦ Would you like to run a net?
- What talks would you like us to do?
- ♦ Would you like more morse demos?
- ♦ Did you like the Quiz—we can do more

We are happy to work with you, our members, to make sure that you get everything you need from our club.

Contact us at info@m0juw.co.uk and let us know.

Links

- ♦ RSGB <u>www.rsgb.org</u>
- ♦ Ofcom <u>www.ofcom.org.uk</u>
- QRZ.com <u>www.qrz.com</u>
- Raynet <u>www.raynet-uk.net</u>
- BYLARA <u>www.bylara.org.uk</u>
- Ham Links www.eham.nets
- ♦ UKFM Grp <u>www.ukfmgw.org.uk</u>
- ◆ ARRI <u>www.arrl.org</u>
- ♦ SOTA <u>www.sota.org.uk</u>
- Hack Green <u>www.hackgreen.co.uk</u>

Phonetic Alphabet		
Α	Alpha	
В	Bravo	
С	Charlie	
D	Delta	
E	Echo	
F	Foxtrot	
G	Golf	
Н	Hotel	
I	India	
J	Juliet	
K	Kilo	
L	Lima	
М	Mike	
N	November	
0	Oscar	
P	Papa	
Q	Quebec	
R	Romeo	
S	Sierra	
Т	Tango	
U	Uniform	
V	Victor	
W	Whiskey	
X	Xray	
Υ	Yankee	
Z	Zulu	

Gilmore Radio Club and North West Morse International Morse Code

A Dah is equal to three Dits

The space between parts of same letter is one Dit

The space between letters is three Dits

A		U	
В		V	
C		W	·
D		X	
E	•	Y	
F		Z	
G			
H	••••		
Ι	••		
J			
K		1	
L		2	
M		3	
N		4	····-
0		5	••••
P		6	
Q		7	
R	•-•	8	
S	•••	9	
T	-	0	

Common Grammar		Common Cut Numbers		
Forward Slash	/		9	N
Question	?		0	T
Full stop				
Comma	,			
Hyphen	-			

The RST Code

R - Readability

R1	Unreadable
Γ I	Uniteadable

- R2 Barely readable (occasional words understood)
- R3 Readable, but with considerably difficulty
- R4 Readable, with very little difficulty
- R5 Perfectly readable

S – Signal Strength

- S1 Signals very faint, barely heard
- S2 Very weak signal
- S3 Weak Signal
- S4 Fair signal strength
- S5 Fairly good signal strength
- S6 Good Signal strength
- S7 Moderately strong signals
- S8 Strong signals
- S9 Very Strong signal

T - Tone

- T1 Extremely rough hissing noise
- T2 Very rough unmusical note
- T3 Rough low pitched note with trace of musicality
- T4 Rather rough note, moderately musical
- T5 Musically modulated note
- T6 Modulated note, slight trace of whistle
- T7 Good note smooth ripple
- T8 Good note trace of ripple
- T9 Pure note

Frequencies

LF (Low Frequency)

2000m: 135.7 - 137.8Khz

MF (Medium Frequency)

630m: 472 - 479Khz 160m: 1.81 - 2.0Mhz

HF (High Frequency)

 80m : 3.5 - 3.8Mhz
 40m : 7.0 - 7.2Mhz

 30m : 10.1 - 10.15Mhz
 20m : 14 - 14.35Mhz

 17m : 18.068 - 18.168Mhz
 15m : 21 - 21.45Mhz

 12m : 24.89 - 24.99Mhz
 10m : 28 - 29.7Mhz

60m

5.403.50MHz INTERNATIONAL look for VO1 evenings about 21.00hrs

5.398.50	5.395.00	5.379.00
5.378.00	5.371.50	5.363.00
5.355.00	5.335.00	5.320.00
5.304.00	5.301.00	5.298.00

CW - 5.258.00 INTERNATIONAL 5.262.00 QRP

Note for operating on 60m Only available to full licence holders

VHF (Very High Frequency)

6m: 50 - 52Mhz 4m: 70 - 70.5Mhz 2m: 144.0 - 146.0Mhz

UHF (Ultra High Frequency)

70cms: 430.0 - 440Mhz 23cms: 1240.0 - 325Mhz

Repeaters - www.ukfmgw.co.uk

	Repeater	Output	RXI
23CM	GB3SE	1297.0750 Mhz	1291.0750 Mhz
70cm	GB3CR	433.1500 Mhz	434.7500 Mhz
70cm	GB3LI	433.2500 Mhz	434.8500 Mhz
70cm	GB3MF	433.0500 Mhz	434.6500 Mhz
70cm	GB3MR	433.3500 Mhz	434.9500 Mhz
70cm	GB3PZ	430.9000 Mhz	438.5000 Mhz
70cm	GB3SM	433.3250 Mhz	434.9250 Mhz
70cm	GB3ST	433.2250 Mhz	434.8250 Mhz
70cm	GB3WP	430.9375 Mhz	438.5375 Mhz
70cm	GB7MN	439.4125 Mhz	430.4125 Mhz
70cm	GB7ST	439.4500 Mhz	430.4500 Mhz
70cm	GB7WC	439.4875 Mhz	430.4875 Mhz
2m	GB3MN	145.6500 Mhz	145.0500 Mhz
2m	GB3MP	145.7500 Mhz	145.1500 Mhz
2m	GB3VT	145.7250 Mhz	145.1250 Mhz

Popular Bands				
LSB	160	1.8-2.0 Night		
LSB	80	3.5-4.0 Night and Local Day		
LSB	40	7.0-7.3 Night and Local Day		
LSB	30	10.1-10.15 CW and Digital		
USB	20	14.0-14.350 Worldwide Day and Night		
USB	17	18.068-17.168 Worldwide Day and Night		
USB	15	21.0-21.450 Primarily a daytime band		
USB	12	24.890-24.990 Primarily a daytime band		
USB	10	28.0-29.70 Daytime during sunspot highs		
VHF	6	50-54 Local to worldwide		
VHF	2	144-148		
UHF	70cm	430-440 Local		

Affiliated members of

RSGB (Radio Society of Great Britain)

NARSA (Northern Amateur Radio Society Association)





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